

Colorectal Surgery Associates, P.C.

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PATIENT NAME:

INSTRUCTIONS FOLLOWING ANAL ABSCESS DRAINAGE.

You have undergone a minor surgical procedure in the office for abscess drainage. This is simply a collection of pus that builds beneath the skin at the anal opening. Under local anesthesia the skin over the abscess has been removed. In addition a long lasting local anesthetic has been utilized to keep you comfortable during the healing process. At the present time there is a piece of gauze that has been tucked tightly against the anal opening. The purpose of this gauze is to prevent bleeding and staining from the incision. If possible we would like for you to leave this gauze in place until in the morning.

We suggest that you go home, get off your feet, and do as little as possible in the way of physical activity this evening. An ice bag against the anal area will be helpful. The local anesthetic generally wears off in 12 to 18 hours and at that time you will experience some pain. The prescription that you were given is for a pain pill, which you may need this evening to keep you more comfortable. **Tomorrow morning you should get into a tub of warm water and after you soak for a few minutes, gently remove the gauze that is tucked against the anal opening.** For the next several days as the healing process takes place you should take 3 to 4 Warm baths (sitz baths) daily. You should also keep a gauze pad tucked against the anal opening to absorb any drainage or bleeding. Please remove the packing tomorrow afternoon after your scheduled sitz bath

It is normal to have some bleeding and discharge from the wound as it heals. If all is well you should return to our office in approximately one to two weeks for follow up examination. Should you develop any problems or have any questions feel free to call **818-941-0800** for assistance.